

COLLEGE MAGAZINE 2026

PHARMA SPECTRUM



Late Smt. Hanjabai Gahlot Charitable Trust's
GAHLOT INSTITUTE OF PHARMACY

Plot 59, Sector- 14, Koparkhairne, Navi Mumbai - Maharashtra 400709.

NUTRIGOLD

HEALTHTECH LLP

Revolutionizing Science, Building Wellness: Founded in 2015 with a visionary goal, NUTRIGOLD HealthTech LLP has been transforming health through the power of science. We are committed to delivering premium nutraceuticals that support wellness from within, backed by years of research and expertise.



Our Vision: From our flagship product, Brain IQ, to an extensive range of innovative solutions, our journey has expanded to meet the growing demand for healthier solutions across all stages of life. Today, we proudly offer products in Pediatrics, Psychiatric Care, Neurological and Gynecology.

Our Journey: We are present in 40+ cities with a dedicated team of over 100+ professionals, ensuring that our solutions reach those who need them the most.



Our New Gynecology Range: Expanding our mission into women's health, we have launched a specialized line of gynecological products focusing on fertility, hormonal balance, and overall well-being.



**Pediatric and
Neurological Products**

**Gynecological Range
(For Women's Health)**

BRAIN IQ

L-CarnoShine₄₀₀

BIQ PLUS

L-PACE

AMIDO

AQUA OMEGA

IMUNWELL

MICOB

ESSENTA D

PROVIDEX

Essenta

Fertiart W

Ovalive

Fertiart M

Fertiart Lite

PrimeCee

MYOD

Why Choose NUTRIGOLD? We understand the distinct and diverse needs of the market, offering unique, scientifically based solutions to promote holistic wellness across various life stages. At NUTRIGOLD, we believe in one thing: wellness starts from within.

Founder Chairman



Dr. Om K. Gahlot

Chairman's Message



Mr. Nitish Sinh Gahlot

Education is not merely the pursuit of academic excellence; it is the foundation upon which character, confidence, and commitment to society are built. Gahlot Institute of Pharmacy stands as a beacon of learning where young minds are encouraged to dream big, think critically, and act responsibly.

In a constantly changing global landscape, education plays a vital role in enabling students to adapt, innovate, and lead with integrity. Our institution is dedicated to fostering an environment that encourages curiosity, creativity, and a commitment to lifelong learning, while emphasizing ethical values and social responsibility.

I urge our students to make the most of every opportunity available to them-not only to develop as skilled professionals, but also as responsible citizens who contribute positively to the nation and the global community.

Best Regards,
Mr. Nitish Sinh Gahlot
Chairman

Principal's Message



It gives me immense pleasure to be associated with this edition of Gahlot Institute of Pharmacy college magazine. This publication reflects the academic excellence, creativity, and innovative spirit of our students and faculty. I congratulate the editorial team for their dedicated efforts and commend all contributors for showcasing their talents. May this magazine continue to inspire learning, critical thinking, and professional growth among our students.

At the Gahlot Institute of Pharmacy, we are committed to developing competent professionals capable of addressing the dynamic needs of the healthcare sector with expertise, ethical values, and social awareness. By integrating strong academic foundations with practical exposure and active participation in co-curricular activities, the institute aims to equip students with the skills required to excel in the field of pharmacy.

This magazine represents more than a compilation of written pieces; it stands as a reflection of the dedication, creativity, and collective vision of our students and faculty members. I extend my sincere appreciation to the editorial team for their dedication in presenting such an insightful and motivating edition.

Best regards,
Dr. Preeti Kulkarni
Principal

Editor's Message



We are delighted to present this edition of the Gahlot Institute of Pharmacy college magazine, a dynamic platform that highlights the ideas, skills, and accomplishments of our teachers and students. This book is an honest attempt to convey the creative thinking, vibrant culture, and academic spirit that characterize our university.

This magazine stands as a result of the combined efforts of contributors who present their thoughts through scholarly articles, research insights, creative compositions, and artistic expressions. Every contribution enhances the publication and brings forth the multifaceted potential of our academic community.

We would like to express our sincere gratitude to the management, principal, faculty and students, for their continuous support and encouragement throughout this endeavor. We especially applaud the editorial staff for their dedication, cooperation, and tenacity in making this edition a reality.

Regards,
Mrs. Trupti Lade
Editor-in-Chief

Editorial Team



Secretary: Mrs Trupti Lade

Faculty Member:

Dr. Bhaskar Gavitre

Dr. Manjushree Pawar

Dr. Swati Bharati

Mrs. Payal Pilaji

Mrs. Disha Deokar

Institute Team



Teaching Faculty B.Pharm



Teaching Faculty D.Pharm



Non Teaching Staff

Academic Year 2025-26



Second & First Year M.Pharm

Student of GIP Year 2025-26



**Final Year
B.Pharm Div I**

**Final Year
B.Pharm Div II**



**Third Year
B.Pharm Div I**

**Third Year
B.Pharm Div II**



Student of GIP Year 2025-26



**Second Year
B.Pharm Div I**

**Second Year
B.Pharm Div II**



**First Year
B.Pharm Div I**

**First Year
B.Pharm Div II**



Student of GIP Year 2025-26



Second Year D.Pharm



First Year D.Pharm

Council



College Student Council



College IPA Team



College Communication Cell



Green Club



Discipline Committee



DLLE

Professional Activity

UDAAN: The Flight of Extension – 2026



Blood Bank Visit



Professional Activity

Visit to the Centre for Incubation and Business Acceleration (CIBA)



One day workshop on HPTLC



Industrial visit to IIT Bombay, SAIF (Sophisticated Analytical Instrument Facility)



Professional Activity

Alumni Meet

B. Pharm



D. Pharm



Graduation Ceremony B. Pharmacy Batch 2023– 2024



Professional Activity

Enlightening Session on Road Safety



Personality Development and Stress Management Session



Value Added Course in AI



Navi Mumbai, Maharashtra, India
7 Sector 16, Konar Khairane, Navi Mumbai



Professional Activity

Blood Donation Camp



National Pharmacy Week



Professional Activity

Expert Lecture on UV-Spectrophotometry



The 79th Independence Day



Professional Activity

Parents Teacher Meeting



ACHIVEMENT'S of GIP

A MILESTONE FOR GAHLOT INSTITUTE OF PHARMACY

GIP has received a ₹24 lakh CSR grant from Pharmanza Herbal Pvt. Ltd. & Gennova Biopharmaceuticals Ltd. in 2025

This CSR fund will enable us to enhance the education and research facilities for our students. We express our sincere gratitude to both the Pharma companies for their CSR initiative to enhance educational resources.

A big shoutout to the visionary leadership of our Principal, Dr. Preeti Kulkarni, and the unwavering dedication of our Professor & CSR Coordinator, Dr. Rachana Punjabi, for making this happen.

The funds have been used to upgrade our facilities with Smart Boards in classrooms, HPTLC Applicator Linomat 5, and Analytical Balance, taking GIP a step closer to its VISION of becoming a premier institute in the field of pharmaceutical sciences.

Installation of 3 panels of Senses-Pro Smart Boards from Microline India Private limited in D. Pharm and B. Pharm Final year classrooms



Installation and demonstration of CAMAG HPTLC LINOMAT 5 APPLICATOR by technician Mr. Sandeep Jadhav from Anchrom Enterprises



MOU signed with Anchrom for faculty and student HPTLC training and collaborative research projects. Special thanks to Mr. Jeevan Khuspe from Sales team Anchrom for the entire process of purchase and installation.



14 01 2025 - International conference “Global Fellowship Gathering”

Dr. Pratibha Daroi was invited as a Guest Speaker at an International Conference of Initiatives of Change entitled 'Global fellowship Gathering' for delivering a speech on topic 'Ethics and Values in Higher Education' on 14th January, 2025.



Panchgani, Maharashtra, India

21 02 2025 – “TVISHA, State Level Faculty Singing Competition”



21 02 2025 – “TVISHA, State Level Faculty Chess competition”



20 02 2025 – Three days National Summit on, “Advances in Pharmaceutical Sciences”



Pharmaceutical Sciences” Dr. Rupali Likhari was invited as a Guest Speaker at a National Summit on, “Advances in Pharmaceutical Sciences” for delivering a speech on topic ‘Advances in Targeted Drug Design and Development’ on 20th February, 2025.

09 02 2025 – 2nd Prize in Oral Presentation – Dr. Manjushree K Pawar



05 05 2025 – 2nd Prize Best College at TVISHA 2025



2nd Best College at the TVISHA 2025 Grand Finale, organized by the Association of Pharmaceutical Teachers of India (APTI) Maharashtra State Branch, held in the St. John Institute of Pharmacy & Research (SJIPR) campus on 5th March 2025.

24 03 2025 - Report on Achievements at “Rx Utsav 2025”

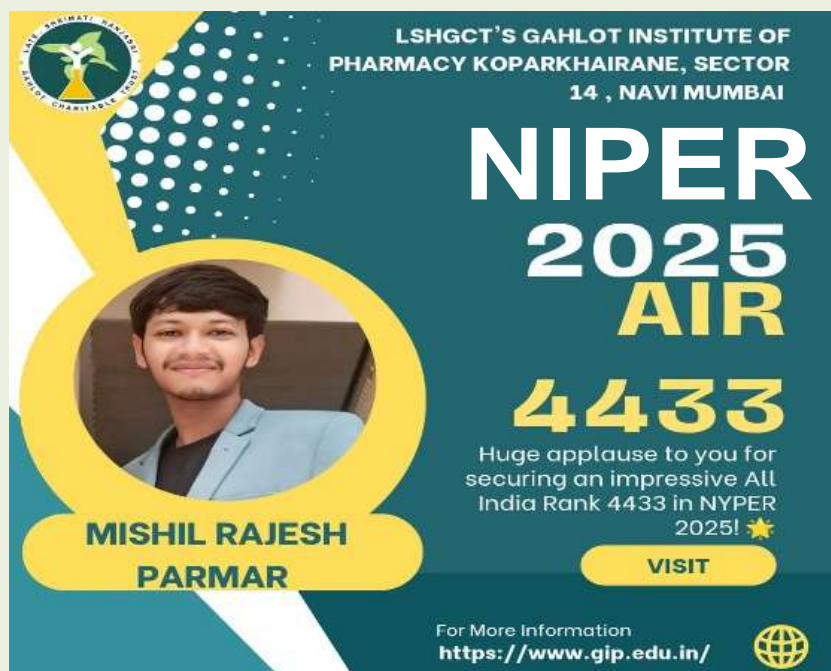


students secured 1st Rank in Graffiti and Carrom Doubles (Girls), demonstrating their creativity and excellence in skill-based competitions. Additionally, they achieved 2nd Rank in Carrom Singles (Girls), Group Dance and Pharmauction, showcasing their versatility and teamwork. Furthermore, they earned 3rd Rank in Carrom Singles (Boys), Pharma Quiz, Poster Presentation, Paper Presentation, Rangoli, Convince Me and MasterChef, reflecting their competence in academics, creativity and extracurricular activities.

2025 – GPAT - 2025 Qualified Students



07 07 2025 – NIPER-2025 Qualified Students



LSHGCT'S GAHLOT INSTITUTE OF
PHARMACY KOPARKHAIRANE, SECTOR
14 , NAVI MUMBAI

NIPER 2025 AIR 4433

Huge applause to you for
securing an impressive All
India Rank 4433 in NIPER
2025! 🌟

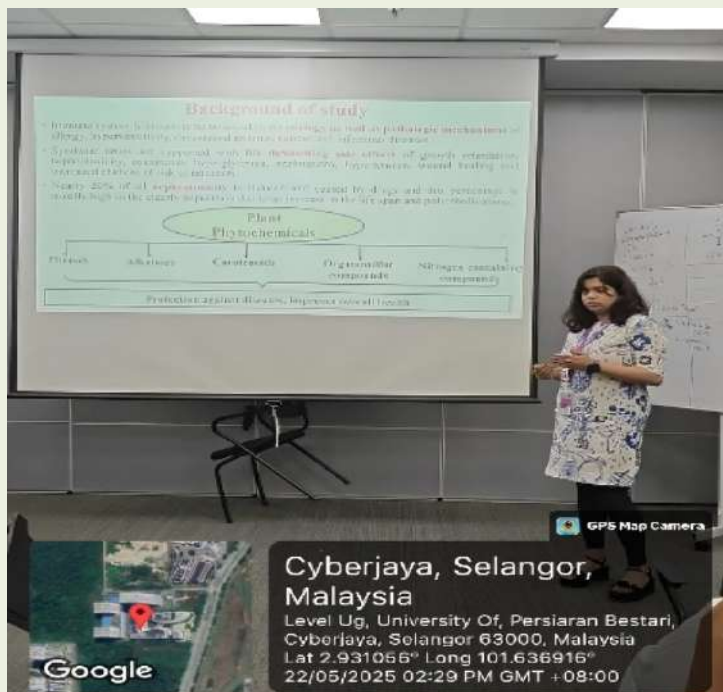
**MISHIL RAJESH
PARMAR**

VISIT

For More Information
<https://www.gip.edu.in/>

Logo of LSGCT's Gahlot Institute of Pharmacy, Koparkhairane, Sector 14, Navi Mumbai.

04 08 2025 – Best Oral Presentation University of Cyberjaya, Malaysia – ICBTMH 2025



Background of study

- Immune system is a complex system that is involved in many pathological mechanisms of drug, hypersensitivity, chronic and acute diseases of immune system.
- Synthetic drugs are synthesized with the mechanism and effect of growth stimulation, reproductive, immune, hemoglobin, electrolyte, hypotension, blood clotting and increased chance of risk of infection.
- Nearly 20% of all hypersensitivity reactions are caused by drugs and drug, particularly in the high risk of the study aspects of drug use in the life span and patient education.

**Plant
Phytochemicals**

Flavonoids, Alkaloids, Carotenoids, Organosulfur compounds, Nitrogenous compounds

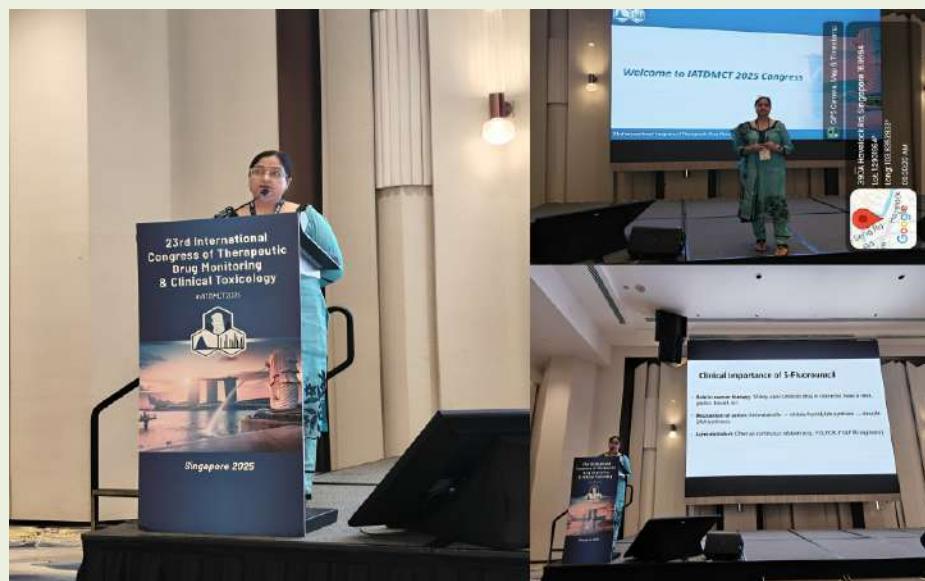
Prevention against disease, improve overall health

**Cyberjaya, Selangor,
Malaysia**
Level Ug, University Of, Persiaran Bestari,
Cyberjaya, Selangor 63000, Malaysia
Lat 2.931056° Long 101.636916°
22/05/2025 02:29 PM GMT +08:00

GPS Map Camera

Google

23 09 2025 – 23rd International Congress of Therapeutic Drug Monitoring & Clinical Toxicology, Singapore



09 11 2025 – 6th World Environment Summit 2025



Dr. Manjushree K. Pawar, Assistant Professor, LSHGCT's Gahlot Institute of Pharmacy, Koparkhairane, Navi Mumbai, was invited as a Chairperson (Session Chair) at the 6th World Environment Summit 2025, organized by the Environment and Social Development Association (ESDA India), held at Ambassador Hotel Bangkok, Thailand, from 8th to 12th November 2025 in association with Dr. Bhim Rao Ambedkar College, University of Delhi, Amity University, Villa College- Maldives, Tribhuvan University Nepal, Maryam Abacha American University of Nigeria, Zoological Society of Bangladesh.

30 11 2025 - Jury Member at 20th Aavishkar Research Convention (Zonal Round – Zone VII)



24 and 25, November 2025-Quality Council of India (QCI) On-ground Assessment Report



17 12 2025 - 20th Aavishkar Inter-Collegiate/ Institute/ Department Research Convention



25. 09. 2025 – State Level Pharmacanvas (E-Poster making) Competition

LSHGCT's GAHLOT INSTITUTE OF PHARMACY
 Koparkhairane, Navi Mumbai.

Organized
STATE LEVEL PHARMACANVAS (e-Poster making) COMPETITION
 On the occasion of World Pharmacists Day, 25th September 2025

				
B Pharmacy 1 st winner Mr. Yash Jadhav Oriental college of Pharmacy	D Pharmacy 2 nd winner Ms. Madhuri Mangrulkar LSHGCT's Gahlot Institute of Pharmacy	B Pharmacy 3 rd winner Ms. Anshu Roshni HK College of Pharmacy	D Pharmacy Consolation Ms. Nishita Ingale Bharati Vidyapeeth Institute Of Pharmacy	B Pharmacy Consolation Mr. Vivek Babale LSHGCT's Gahlot Institute of Pharmacy
Dr. Preeti Kulkarni Principal & Convenor LSHGCT's Gahlot Institute of Pharmacy		Ms. Payal Pilaji Event Co-ordinator LSHGCT's Gahlot Institute of Pharmacy		Mrs. Niki Madankar Event Co-ordinator LSHGCT's Gahlot Institute of Pharmacy



Final Year D. Pharm student, Ms. Madhuri Mangrulkar was awarded the Second winner in State Level Pharmcanvas (E-Poster making) Competition held on September 25, 2025 by Gahlot Institute of pharmacy, Koparkhairane. Ms. Sakshi Gholap, Ms. Uzma Shaikh and Ms. Muskan Jaiswal also earned participation certificate for the same event. The State level E-Poster making competition was arranged on the occasion of World Pharmacist Day.

25. 09. 2025 – State Level Online Poster Presentation (NETT College)

Heartiest Congratulations! DPOs Nett College of Pharmacy, Thane is thrilled to announce the winners of the Online Poster Presentation on the occasion of World Pharmacist Day 2025 1st Place: Vaibhavi Ashok Jadhav Gahlot Institute of Pharmacy 2nd Place: Aditya Kumar Choudhary DPOs Nett College of Pharmacy 3rd Place: Shaikh Uzma Ismail Gahlot Institute of Pharmacy Congratulations to all participants for their creativity and dedication! Let's continue to innovate and excel in the field of pharmacy.	<table border="1"> <tr> <td data-bbox="829 264 981 336"> PCI Code -2905, MSBTE Code-2013, DTE Code-3511 </td> <td data-bbox="997 264 1204 336"> </td> <td data-bbox="1220 264 1372 336"> PRIZES 1st - Rs.1000, 2nd - Rs.700 3rd - Rs.500 </td> </tr> <tr> <td data-bbox="829 347 981 414"> CONVENOR Ms. Roohi Jamal (Principal) </td> <td colspan="2" data-bbox="997 347 1204 459"> STATE LEVEL ONLINE POSTER PRESENTATION COMPETITION (Diploma Pharmacy) </td> </tr> <tr> <td data-bbox="829 425 981 470"> EVENT COORDINATOR Mrs. S. Shaikh (Lecturer) </td> <td colspan="2" data-bbox="997 481 1204 638"> On 25/09/2025 Occasion of PHARMACIST DAY "Think Health, Think Pharmacist" -- Organized By-- </td> </tr> <tr> <td data-bbox="829 481 981 571"> REGISTRATION ENQUIRY Mrs.S. Shaikh9833713625 ,9620096125 (wt up) </td> <td colspan="2" data-bbox="997 649 1204 739"> DEEP PARAMEDICAL ORGANISATIONS NETT COLLEGE OF PHARMACY, THANE </td> </tr> <tr> <td data-bbox="829 582 981 761"> TOPICS ❖ "Breaking the Myth: Heart Attacks Are Not Just for the Old" ❖ "Stop Cancer Before It Starts" ❖ "Patient Counselling: A Pillar of Pharmacy Care" </td> <td colspan="2" data-bbox="997 750 1204 772"> Note- POSTER SHOULD BE HAND MADE </td> </tr> <tr> <td></td> <td data-bbox="1220 347 1372 403"> REGISTRATION DETAILS </td> <td data-bbox="1220 414 1372 772"> ❖ No registration fees for event ❖ The mode of registration is only submission of Google form ❖ Only for D.Pharmacy students ❖ One entry is allowed per student ❖ Link for Registration https://forms.gle/dpZeUw2u7xRxV9Az7 ❖ Last date to submit your poster is 23-9-25. ❖ Results will be declared on 25-9-25. </td> </tr> </table>	PCI Code -2905, MSBTE Code-2013, DTE Code-3511		PRIZES 1 st - Rs.1000, 2 nd - Rs.700 3 rd - Rs.500	CONVENOR Ms. Roohi Jamal (Principal)	STATE LEVEL ONLINE POSTER PRESENTATION COMPETITION (Diploma Pharmacy)		EVENT COORDINATOR Mrs. S. Shaikh (Lecturer)	On 25/09/2025 Occasion of PHARMACIST DAY "Think Health, Think Pharmacist" -- Organized By--		REGISTRATION ENQUIRY Mrs.S. Shaikh9833713625 ,9620096125 (wt up)	DEEP PARAMEDICAL ORGANISATIONS NETT COLLEGE OF PHARMACY, THANE		TOPICS ❖ "Breaking the Myth: Heart Attacks Are Not Just for the Old" ❖ "Stop Cancer Before It Starts" ❖ "Patient Counselling: A Pillar of Pharmacy Care"	Note- POSTER SHOULD BE HAND MADE			REGISTRATION DETAILS	❖ No registration fees for event ❖ The mode of registration is only submission of Google form ❖ Only for D.Pharmacy students ❖ One entry is allowed per student ❖ Link for Registration https://forms.gle/dpZeUw2u7xRxV9Az7 ❖ Last date to submit your poster is 23-9-25. ❖ Results will be declared on 25-9-25.
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Final Year D. Pharm students, Ms. Vaibhavi Jadhav and Ms. Uzma Shaikh was awarded the First and Third winner respectively in State Level Online poster presentation Competition held on September 25, 2025 by NETT College of pharmacy, Thane. The State level Online Poster presentation competition was arranged on the occasion of World Pharmacist Day.

05 01 2026- Tvisha 2.0 Pitch Perfect Pharmacist



08 01 2026 Tvisha 2.0 Faculty Carrom



Faculties of D pharmacy, Gahlot Institute of pharmacy Mr. Prasad Shirole and Mrs. Disha Deokar were participated in Twisha 2.0 events, Pitch perfect pharmacist and carrom and won first and second runner up prize.

13 01 2026 Tvisha 2.0 Box Cricket Winners



04 01 2026 Rink Football winners



D Pharm and B pharm students of Gahlot Institute of pharmacy were participated in Twisha 2.0 event box cricket and won first prize also they participated in rink football competition organized by Indian Pharmaceutical Association Maharashtra state branch and won first prize

25 09 2025 Quiz Competition winner



Gahlot Institute of pharmacy organized quiz competition and Final year student Ms. Disha Giri won first prize.

09 12 2025 Prarambh Intercollege Cricket Tournament Winners (Third Rank)



Final Year D Pharm Students were participated in Prarambh intercollege cricket tournament and won third prize.

Welcome Party



Fresher's Party of D.Pharm



Fresher's Party of B.Pharm

SPORTS WEEK 2025



Cultural Week 2025





ART GALLERY

Kiran Choudhary



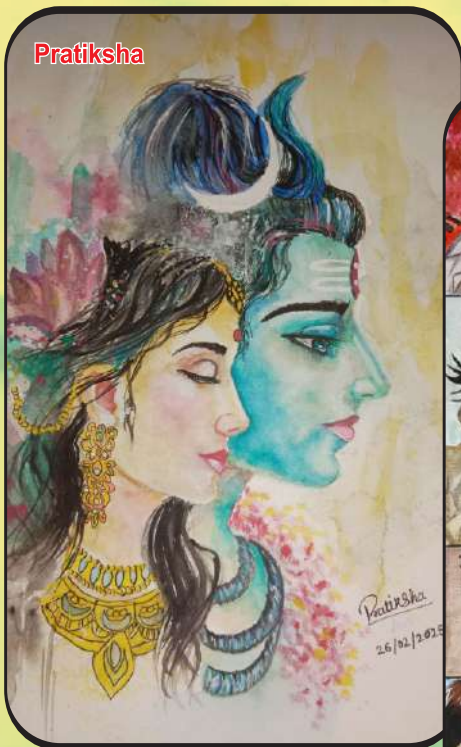
Kiran Choudhary



Asmita Sawant



Pratiksha



Pratiksha



Kiran Choudhary





ART GALLERY

Trisha
Poojary



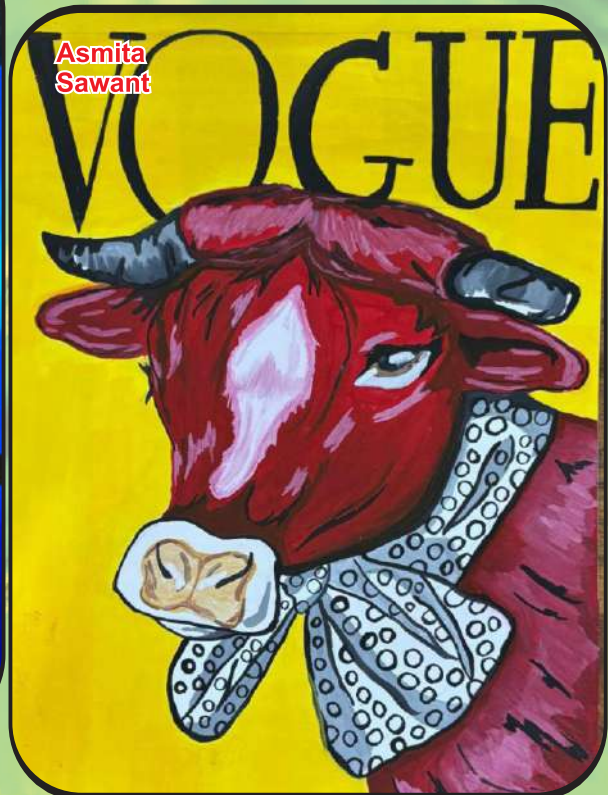
Kiran
Choudhary



Pratik
Ozarkar



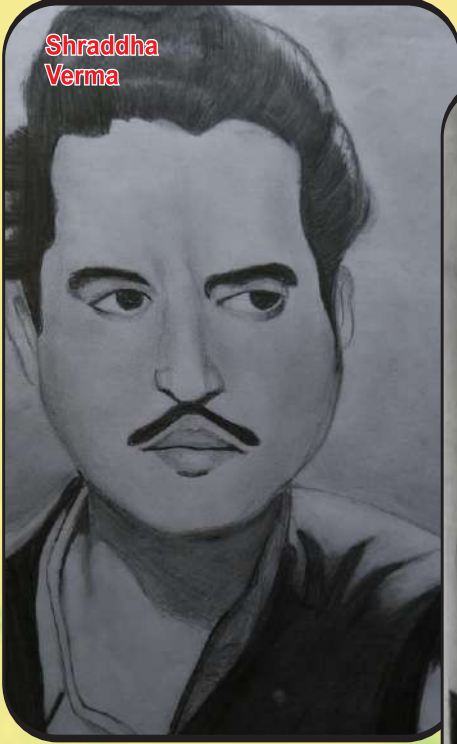
Asmita
Sawant





ART GALLERY

Shraddha
Verma



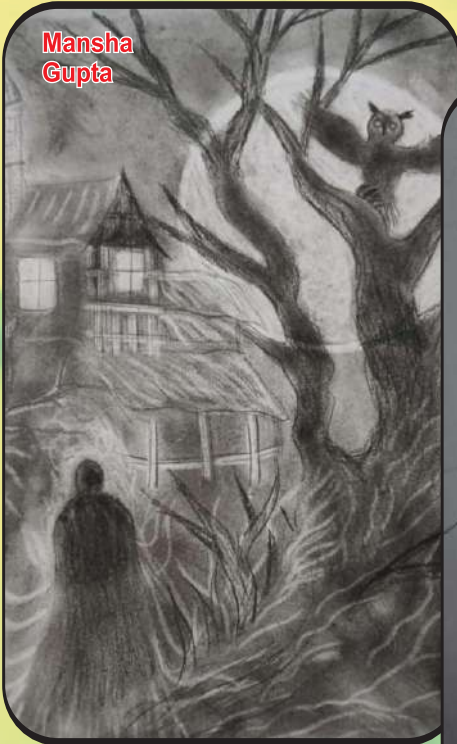
Diya



Shraddha
Verma



Mansha
Gupta



Vishruti
Kadam



Diya





ART GALLERY

Pratiksha



Vishruti
Kadam



Diya



Kratika
Soni



Asmita
Sawant





ART GALLERY



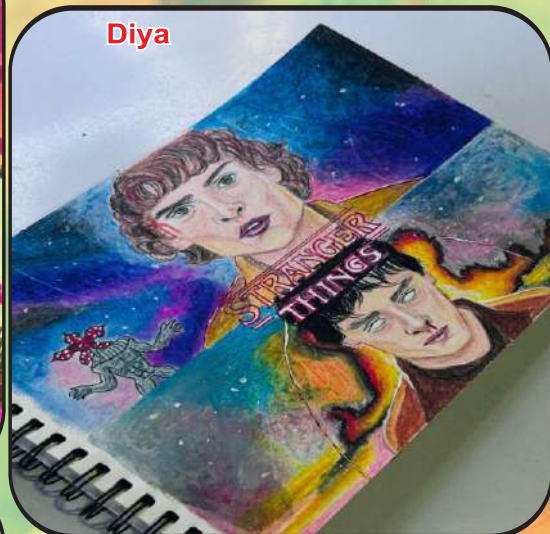
Pratyush Nandakumar



Shradha Verma



Asmita
Sawant



Diya



Pratiksha



Shraddha Verma

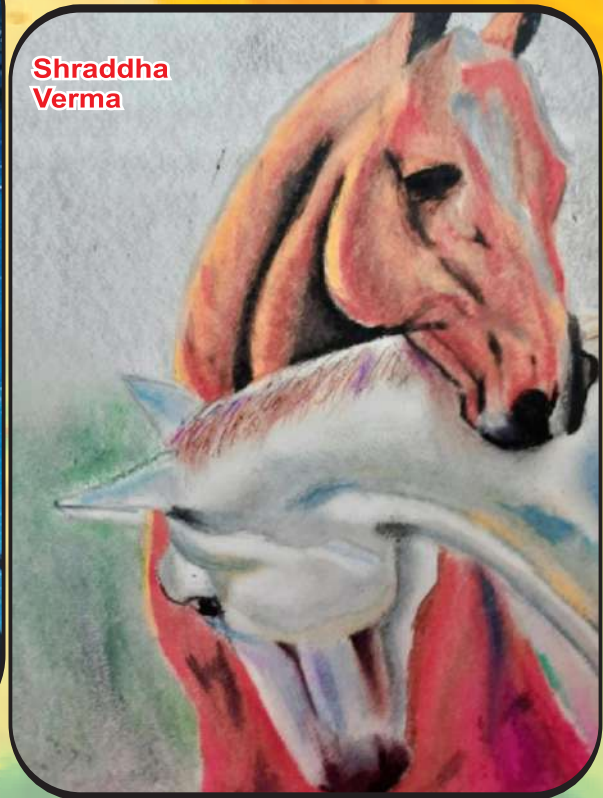


ART GALLERY

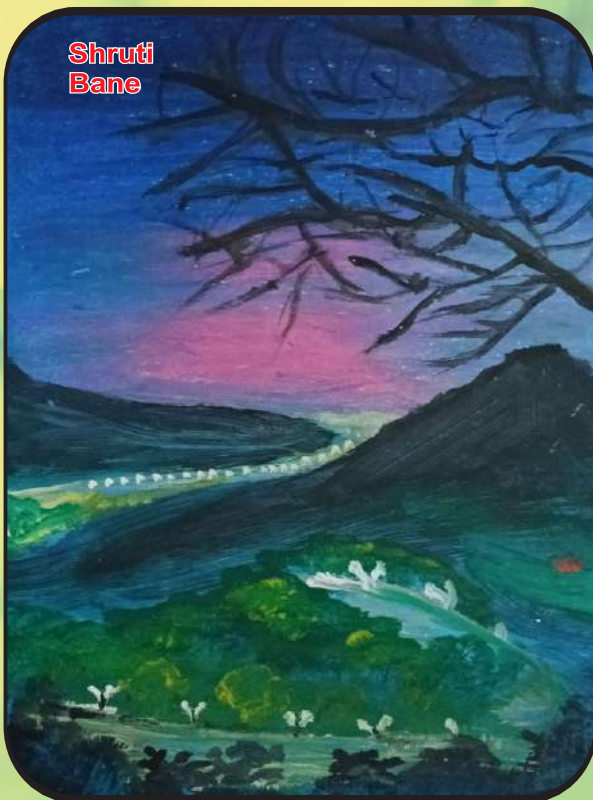
Kiran
Choudhary



Shraddha
Verma



Shruti
Bane



Sanjana





ART GALLERY

Diya



Rutuja
Shelke



Shruti
Bane



Diya



Shraddha
Verma



Diya



SCIENTIFIC SECTION

Ayurveda Reimagined: Healing Chronic Disease in the Age of AyurNutrigenomics”

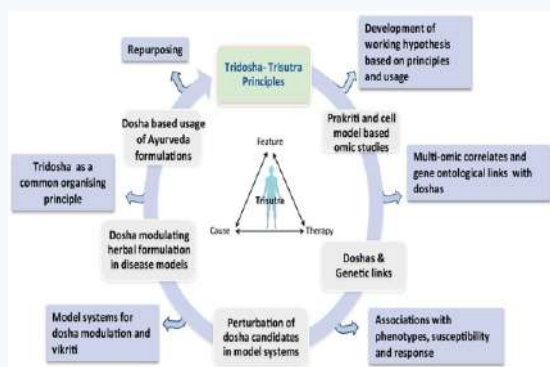
Abstract:

Chronic illness, as Ayurveda explains, is not a sudden event but a slow conversation between the body and long-neglected imbalances. Ancient Ayurvedic texts described conditions like Madhumeha (diabetes), Tamaka Shwasa (asthma), and Sandhivata (arthritis) thousands of years ago, recognizing that disease develops gradually when digestion (Agni) weakens and toxins (Ama) accumulate. This insight feels almost prophetic today, as modern science confirms that chronic inflammation, metabolic dysfunction, and gut imbalance silently progress for years before symptoms appear. Ayurveda’s strength lies in interrupting this slow disease-building process by restoring balance at the root rather than chasing surface symptoms.

This philosophy is now entering a revolutionary phase through AyurNutrigenomics, where Ayurvedic Prakriti is studied alongside gene expression and metabolism. A mind-blowing fact is that Ayurveda practiced personalized medicine long before genetics existed, and today research shows that different Prakriti types exhibit distinct genetic and biochemical patterns. AyurNutrigenomics reveals that food, herbs, and lifestyle choices can influence gene expression without altering DNA, a process known as epigenetic modulation. This explains how Ayurvedic Rasayana herbs and individualized diets support deep healing in chronic diseases while minimizing side effects and reducing long-term dependency on medication.

Beyond treatment, Ayurveda—empowered by AyurNutrigenomics—offers an uplifting lifestyle model for sustainable health. It teaches that daily habits, seasonal routines, yoga, pranayama, and mindful eating are not optional but foundational to well-being. By aligning nutrition and lifestyle with one’s genetic and constitutional blueprint, Ayurveda shifts healthcare from reactive to predictive and preventive. Healing thus becomes a conscious, participatory journey—where the body is supported, the mind is stabilized, and health is designed from within rather than repaired after breakdown.

Graphical Abstract



Sakshi Sonawane

SCIENTIFIC SECTION

Medicine Disposal: An Overlooked Issue

Abstract:

Unused medicines can spell many things: RISK if they're taken by someone they weren't prescribed for; HARM if accidentally taken by a child or pet; DANGER or even death if not used as directed. Unused or expired medicines may be hiding right in your home in bathrooms, kitchens, bedrooms, purses and anywhere you store medicines. So why put your family at risk safely dispose of unused or expired medicines before they can do harm!

Theft or pilferage from accumulated stocks of discarded medicines, or during the process of segregation, can lead to expired drugs being redirected into the market for illegal resale or misuse. While many pharmaceuticals lose their therapeutic effectiveness after the expiry date, some may also undergo changes that alter their adverse reaction profile. Improper disposal or failure to dispose of medicines can result in serious consequences, including drug abuse and accidental poisoning, cytotoxic and genotoxic effects, contamination of food sources, and harmful impacts on wildlife. There are many ways to get rid of them the best option is to find a drug takeback location or in-home disposal.

According to the CDSCO Guidance Document on the Disposal of Expired and Unused Drugs, State Governments, in collaboration with local authorities, State Drug Control Departments, and relevant Chemists and Druggists' Associations, may collectively initiate Drug Take-Back programmes at designated locations. These programmes allow the public to safely return expired or unused medicines from their households. The collected drugs can then be disposed of by the concerned associations, with prior intimation to the State Drug Licensing Authority, through registered and licensed external agencies authorized under the Biomedical Waste Management Rules, 2016 by the Central Pollution Control Board.

Upon unavailability of drug takeback location nearby and the medicine is not on the flush list, it can be disposed in the trash. Follow if any specific disposal instructions are provided on the packing of the medication. If not, for medicines you dispose of in the trash, FDA recommends that you :-

- Mix them with an unappealing substance such as dirt, litter or used coffee grounds.
- Don't crush pills.
- Then place the mixture in a sealed plastic bag before throwing it away
- Scratch out personal information from the prescription label on the empty packaging.

Certain medicines are recommended for disposal by flushing by members of the general public, excluding retailers, wholesalers, and manufacturers. This applies to a limited group of drugs that can be extremely dangerous - and in some cases fatal

- even if a single dose is accidentally consumed by someone for whom the medicine was not prescribed. For medicines containing the active ingredients listed below, the public is advised to dispose of them by flushing them down a sink or toilet in order to reduce the risk of accidental exposure to people and pets within the household.

SCIENTIFIC SECTION

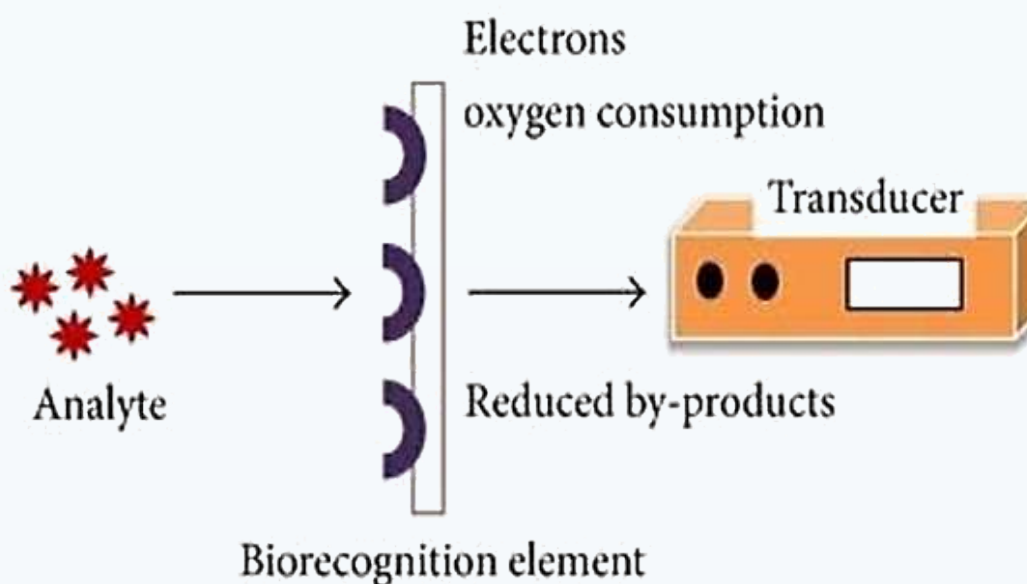
BIOSENSOR FABRICATION USING BROMELAIN FOR HEMOGLOBIN DETECTION

Abstract:

Pineapple is mainly grown in tropical regions and consumed fresh worldwide due to its attractive flavor and health benefits. The quality evaluation of pineapple is an important factor in consumer preference, and it has excellent nutritional compositions. This study proposes the detection of hemoglobin in blood samples. Enhancing the stability and sensitivity of electrochemical biosensors is highly significant for their practical application. The detection of hemoglobin is necessary because excessive concentration can cause severe disorders like anemia or polycythemia. The proposed device can detect hemoglobin concentration in blood samples.

Keywords: Hemoglobin, electrochemical biosensor, bromelain, pineapple, blood sample, colorimetry.

Graphical Abstract:



Mrs. Sushma Vivek Wadbudhe
Assistant professor

SCIENTIFIC SECTION

BIOTECHNOLOGY-DRIVEN TECHNIQUES IN GREEN ANALYTICAL CHEMISTRY FOR SUSTAINABLE ENVIRONMENTAL MONITORING

Abstract:

Biotechnology is vital to modern green analytical chemistry because of expanding environmental issues and the requirement for sustainable laboratory practices. Biotechnology uses biological components like enzymes, microorganisms, and biodegradable materials to design cleaner, safer, and more energy saving analytical tools, and this review highlights an overview of such recent developments. Enzyme based biosensors that utilize enzymes to detect substances while generating very little waste have become a major centre because of their high selectivity and minimal chemical waste. These biosensors work through electrochemical, optical, and colorimetric sensors and with the advantage of nanotechnology, screen printed electrodes and modern techniques like 3D printing, these biosensors have become convenient and portable and useful for on-site applications.

The scope of green materials in analytical device fabrication has expanded due to the use of biodegradable polymers such as chitosan, cellulose, polylactic acid (PLA) and polycaprolactone (PCL) as these materials naturally breakdown without harming the environment. These polymers are strong eco-friendly, and can be shaped into films, fibers or structures through methods like electrospinning, solvent casting, or 3D printing. Their biocompatibility and degradability significantly reduce the environmental footprint of analytical instruments.

To detect pollutants and check water or soil quality, by assessing biochemical oxygen demand (BOD), another green approach uses microbes or cell free biosensors thus performing real time environmental monitoring. For example, microbial fuel cells (MFCs) use bacteria to produce small amounts of electricity while also measuring pollution levels, such as biochemical oxygen demand (BOD) in wastewater. Similarly, paper based biosensors and cell free tests are cheap, easy to use, and good for testing samples directly in field. In addition, the integration of nanotechnology, synthetic biology, and digital platforms such as smartphone interfaces and AI supported data analysis has improved sensor sensitivity, data reliability, and operational simplicity.

Although these green technologies are very promising, challenges like enzyme stability, reproducibility and biosafety remain and must be ensured when using. The review emphasizes the importance of life cycle assessment, standardization, and regulatory validation to ensure that these biotechnological solutions genuinely contribute to sustainable development. Real world examples, including enzyme-based assays for pesticides and microbial sensors for wastewater monitoring, highlight the practical value of these technologies.

In summary, these innovations in biotechnology improve scientific testing by creating laboratory techniques that are accurate, energy efficient and environmental friendly and support environmental protection, safe food production, and better public health.

Keywords: Green analytical chemistry, enzyme biosensors, biodegradable polymers, microbial biosensors, sustainable biotechnology

Dr. Preeti Kulkarni
Principal

Dr. Manjushree Pawar
Assistant Professor

SCIENTIFIC SECTION

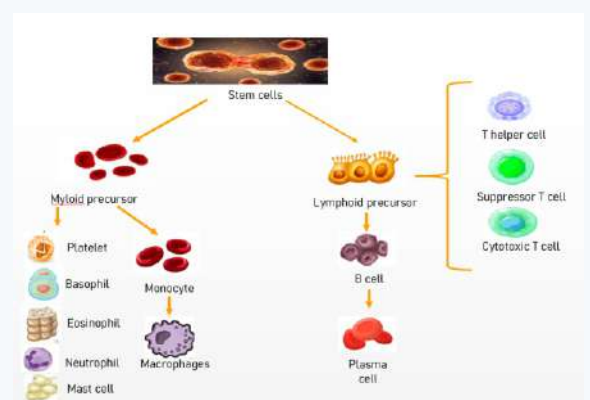
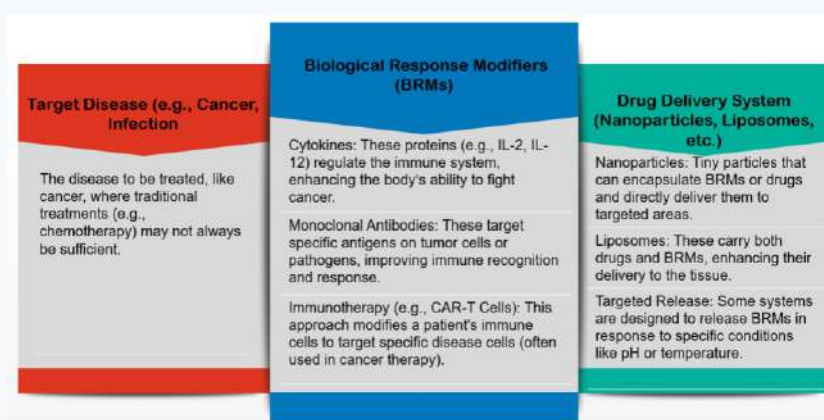
Biological Response Modifiers in Drug Delivery

Abstract:

Biological Response Modifiers (BRMs) in drug delivery are a class of therapeutic agents designed to alter or boost the body's immune response or other biological functions, thereby enhancing the effectiveness of drug treatments. The role of Biological Response Modifiers (BRMs) in drug delivery and therapy is to modulate the immune system or biological responses for improved disease management. They help in Enhancing Immune Responses, Suppressing Overactive Immunity, Targeted Drug Delivery, Tissue Repair and Regeneration, Enhancing Efficacy in Combination Therapies and Immune Modulation in Cancer. These modifiers are typically combined with drugs to increase their potency, improve disease targeting, or minimize adverse effects. Ensuring that BRMs reach the target cells or tissues in adequate concentrations can be challenging, especially when delivered systemically. While BRMs can enhance the immune response, they can also lead to over activation of the immune system, causing harmful inflammation or autoimmune reactions. But Customizing BRM-based treatments according to a patient's genetic profile has the potential to enhance efficacy and minimize side effects. The integration of BRMs into drug therapies promises to enhance the effectiveness of treatments and improve patient outcomes across a wide range of diseases. the future of Biological Response Modifiers in drug delivery is characterized by increased precision, synergy with other therapies, innovative delivery methods, and reduced side effects. As research advances, BRMs have the potential to revolutionize the treatment of many diseases, offering more personalized, targeted, and effective therapeutic options, with the promise of significantly improving patient outcomes.

Keywords: Biological Response Modifiers, Immune response, Disease Targeting, Customizing BRM-based treatments, Autoimmune reactions.

Graphical Abstract



Dr. Anuradha Derashri
Professor

Mrs. Disha Sharma
Assistant Professor

SCIENTIFIC SECTION

Nanoveda: The Advancement of Ayurvedic Medicine

Abstract:

Nanotechnology has emerged as an innovative method for enhancing the therapeutic efficacy of ayurvedic medicines by improving the solubility, stability, bioavailability, and targeted administration of Ayurvedic herbal medicines. From the ancient era, the traditional Ayurvedic formulations such as bhasmas, phytochemical extracts, and herbo-mineral combinations have mainly used micro- to nanoscale processing techniques. Currently nanocarriers, including nanoemulsions, nanosuspensions, nanogels, nanoparticles, nanocapsules, nanoliposomes, nanomicelles, and dendrimers, provide sophisticated platforms for delivering the phytoconstituents while improving the pharmacokinetic and pharmacodynamic characteristics.

Nano Ayurvedic medicine is highly advanced and a milestone in modern drug discovery history. It's the best alternative for many allopathic medicines and makes the use of traditional Ayurvedic medicine very effective. Nano Ayurvedic medicine is more effective than any traditional herbal medicine system. The nanoparticles encapsulated with phyto-constituents in this medicine penetrate deep into the tissues and body cells, which allows for a faster and more effective therapeutic action.

Nano-Ayurveda is a holistic modality of a combination of highly advanced green nanotechnology and the traditional Ayurvedic system. Kadamba is the first company globally to embrace the highly sophisticated scientific concept of applying green nanotechnology.

The Nano Ayurvedic medicine is applied to key therapeutic areas, such as cognitive enhancement, antidiabetic treatment, cancer therapy, heart protection, anti-inflammatory purposes, liver protection, immune system modulation, stress management, and skin care/wound healing strategies. For each area, significant Ayurvedic herbs are examined alongside refined nanoformulation methods like phytosomes, polymeric nanoparticles, solid lipid nanoparticles (SLNs), nanoemulsions, and nanoparticles produced via green synthesis.

Keywords: Nanoveda, Nanoformulation, Nanoparticles and Ayurveda.

Ms. Dipika Pawar
Assistant Professor

SCIENTIFIC SECTION

Emerging Trends in Targeted and Personalized Drug Delivery for Cancer Management

Abstract:

Most conventional anticancer agents exert their therapeutic effect by interacting with DNA or other critical biomolecules involved in cell division, thereby inhibiting the uncontrolled proliferation of malignant cells. While these agents are effective to a certain extent, their mechanism of action often results in significant damage to normal rapidly dividing cells, leading to severe adverse effects. Consequently, recent advances in cancer therapy have focused on the design and development of sophisticated drug delivery systems and therapeutic agents with enhanced specificity toward tumor tissues.

Tumor targeting has emerged as a promising strategy to overcome several limitations associated with conventional chemotherapy, including poor drug accumulation at the tumor site, the requirement for high systemic doses, excessive cytotoxicity to healthy tissues, the development of multidrug resistance, and non-specific drug distribution. By selectively directing therapeutic agents to cancerous cells, targeted drug delivery aims to improve therapeutic efficacy while minimizing systemic toxicity.

Despite its potential advantages, tumor targeting is accompanied by multiple challenges that hinder its clinical translation. These include biological barriers, heterogeneous tumor microenvironments, limited penetration of drugs into tumor tissues, and variability in patient response. Although a wide range of drug delivery approaches has been explored, several safety, stability, and effectiveness-related issues remain to be addressed to ensure optimal therapeutic outcomes.

to be addressed to ensure optimal therapeutic outcomes.

Novel drug delivery systems incorporate advanced technologies designed to achieve sustained and controlled drug release, improved biodistribution, protection of therapeutic agents from degradation, and reduced premature drug clearance from the body. Many of these innovative delivery platforms, such as nanoparticles, liposomes, polymeric carriers, and ligand-based systems, have progressed to commercialization, highlighting the tangible benefits of carrier-mediated drug delivery.

Keywords: Cancer, Targeted therapy, personalized medicine, gene therapy, nanoparticles

Dr. Swati S. Bharati
Assistant Professor



Poem

A Poem: "The Pill Whisperer"

In the pharmacy bright and neat,
Where bottles lineup, sweet to sweet,
The Pharmacist hums a secret tune,
Counting pills beneath the moon.

Take two of these they always say,
And call me if you float away,
With smiles, jokes and stead hands,
They're health's own magic band!!

Zahra Batool Khan

LIGHT IN A NUTSHELL

Physics interpret light can be
Electromagnetic wave or particle sea
And nil did Biology had to intercept
Except the phototropism to lay
And Literature gave a Practical way
"Light is source of intelligence and hardships array"

Life is like a beam of light
But with flickering, bright
It dims not during cuts but during overload
Life is like light that needs darkness to comprehend
"How'll you Compliment the light if darkness wasn't
a factual trend"

You'll be lost in darkness while hardship grazes
You'll be in a deviated path, laid straight
Light is the solution just like for the human eye
Are the extremely embellishing bait

Light symbolizes the sweetness in life
Light may show you the final destination
For you to choose direction
Light is neither a particle nor an electromagnetic wave
It's a Aura, an embracement for which every human craves

Silent Fracture

A child's golden world begins to break,
Hope's soft whispers now sharp and fake.
Trust, once fragile thread, snapped tight
Darkness swallowed his fading light.
Betrayal crawls like venomous snakes,
Loneliness grips with cold, cruel stakes.
Love's storm drowns in bitter rain,
Washing away his fragile pain.
Stress carves thorns deep in his crown,
Laughter bleeds and crumbles down.
His eyes reflect a hollow ghost,
A boy betrayed by what he loved most .
Inside, the light dies slow and deep,
Life steals what he cannot keep.
Now only silence fills the space—
A fractured soul without a face.

Sanket Mahajan

October fall..

The leaves turned brown and then they fell,
October came with its cold spell.
The rain that poured felt out of place,
Like winter's tears on autumn's face.

But storms don't stay, they pass with time,
The sun breaks through, begins to climb.
What's lost makes room for something new,
The sky clears up, reveals the blue.

Keep walking on through misty nights,
The morning always brings its lights.

Sanket Mahajan



Poem

Once Home

Walls once soft now turn to stone,
Dreams fade slowly where light had shone.
Rooms still hum a quiet pain,
Love once full now feels like rain.
Now I've lost what I once knew,
I hate what I grew into,
I walk through echoes all alone,
How am I supposed to hate someone
who once felt like home?

Sanket Mahajan

Confusing bond

Human emotions
So complex -
Made me think about its prospects.
Angry they are,
Jealous they are,
Happiness sighed,
"Look how sad they are."
Humans and emotions—
Bond so confusing,
A tangled ocean
Of winning and losing
Humans and feelings—
A fragile alliance,
Knotted like wires
Between triumph and regret.
They weep in the rain,
Then dance in the storm.
A beautiful pain,
Keeping them warm.

-kalpana Yadav

The embodiment of Love

*How perplexing Love is Though it's Embracing Or
sometimes bewildering Though it ain't assertive
The Diaphanous term That shall hold affirm
Love isn't about Lust Neither a motive or thrust*

*Love embarks the Emotional strength
Love is the beginning or an mysterious end
Love is Tainted with Lust and Greed
Love isn't built on gains and Creed*

*The wilted flower, is embraced by deceased
The Blossomed life, is Obstructed with Wrath
What solaces the turbulent and unsound mind
Is Love that dwells in even the unrighteous kind*

*Nescience, we are when it comes to love
It ain't about Materialism that we groove
Love dwells in Transcendentalist
Love is another term for Belief and faith
If Humans Soul are corrupted, Love is the bathe
If humans souls are Detoxicated, Love is the trait
Love dwells in Impoverished Love is Pious, it never demands*

*Love is understanding. It may reprimand
Love is Ubiquitous, it may never be Curtailed
If Love is eternal, then why did Humanity fail?
If love knew no bound then why was it that
humans surrounded
If Love is the Language of Gods, then why was
the Demon accolaced?*

Mukane Janishq

हिंदी कविताएं



Naye Shahar main, apne sapne
Ke Sath aaye ho main
Nahin, ab Mujhse Nahin hoga yah
Kahkar rukne Nahin wale main
Najane ketne Sapno ko sath laye ho main
Apno ko chodkar,
apne sapne Ke Sath aaye ho main
Naye shahar main,
apne sapne ke sath aaye ho main!

Supriya Wanere



Mera kya kasur ke tumhe aise dekhte rahu...
Batein to kar lenge bohot
Pr is nairon se tumhe satate rahu !
Bolne se toh sab kehnte hai
pr Mai aakhon se pyar qubool karu...
Duniya hogi kafi rangeen
pr Tumhe apni duniya bana kr rakhu !

Apne jis najar se hame dekha hai hamara
sharmana toh banta hihai !
Ruthna toh ek andai tha
Aapko najdik lane ka ek bahana tha
Rahenge log hajaro jindgi me tumhare
Mai premika ban utru tere ishq mein....
Log jarur dekhe dur se tuzko
Pr najdik se dekhe ka haq sirf mera ho

Vaishnavi Lanjaval



Tujhe khone ke daar mein Tujhe paane
ki khushi bhul gaye

Tere paas hone pe Teri qadar karna bhul gaye
Bhul gaye hum ki Tumhara bhi ek dil hai

Jab door tootthi tumse
Toh hum muskurana bhul gaye

Siddhi Shedge



हिंदी कविताएं



चांद के बोल....

कुछ इस कदर आशिकी हुई अंधेरे से की
अब रोशनी दिल को बेचैन कर देता है
छुपा लेता है रात मेरे हर आशु पर सूजी
आंखों का दर्द सवेरा कहता है ।...



लगा लेता है गले मुझे रात का कोहरा ये
नया दिन फिर अकेला कर देता है कि होती है
खूबसूरत सूरज किरण पर असली सुकून तोह चंद्रमा देता है ॥.

हजारों सितारों में है वोह तन्हा अकेला सा
मेरी तरह ये कहे कहे कर वोह मुझे हिम्मत देता है
लाखों दाग है उसमें
मेरे तरह ये कहे कर वो
मुझे अपनी आगोश में लेता है ।...

छुपा लेता है मेरे लाखों राज मेरी दास्तां ए दर्द की
वोही कहता है खतम होती है चांद की चांदी सूरज के
किरण के किरण के साथ हर रात चांद
मुझसे मिलने के लिए अपना रूप बदलता है

बस एक वोही तोह है जो मेरे
खामोशियों को अलफ़ाज़ देता है ॥..



अलफ़ाज़ ए सुकून

Ankita Jaiswal

"दर्द कि हर हृदों ने भी मेरा साथ छोड़ दिया
मैं वोह इंसान जिसे उसके अपनो ने तोड़ दिया ,
समझ ना आता फर्क अपनो ओर गैरो में ए
जिंदगी तूने मुझे कहां लाके छोड़ दिया?"

"कि मील तो लेता हु मुस्कुरा कर अपनो से
एक अजनबी ने मेरा तड़पना कैसे देख लिया ? ,
करता है हर कोई नफरत मुझसे ना जाने
उस एक ने कैसे मोहब्ब कर लिया ? "

"कि बनता हूँ में बहादुर इतना उस एक के
जज्बातों ने क्यों मुझे छेड़ दिया ? ,
और हस कर मिलता हूँ सबसे ये कौन है जिसने
मेरा रोना देख लिया मेरे इतने अच्छाईयों के बाद भी
आखिर क्यों मैंने अपना सबकुछ खो दिया.. ?

Ankita Jaiswal

हिंदी कविताएं



ॐ

Nahi pata thi us roti ki keemat,
jab tak maa ke haathon se pakki mil jaati thi.
Kabhi gusse mein use thukra diya,
aaj usi roti ko paane ka dil karta hai.

Par jab chhoda tha maa ka aangan,
kamane-khane ke liye (padhne ke liye),
phir bhi kai din aaj bhi bhokha hi so jaata hoon.
Jab pitaji kamate the,
maa mujhe bharpet khana khilati thi.

Aaj khud hi kamata hoon
(jeb mein paisa hai, phone mein Zomato,
Swiggy, yahan tak ki
5-star hotel mein khane ki bhi aukaat hai),
phir bhi kai raat, sirf paani peekar hi so jaata hoon.

Badal gaya zindagi ka raasta,
shayad naseeb mein bhi
ab subah-shaam ka naashta nahi.
Ab rotian gol nahi banti humse,
subak-subak har thaali kehiti hai sabse.
Sabzi mein wo pyaar ka rang kahan,
jo maa ki ungliyon se barasta tha.

Maa ke haathon ka swaad bhi khaas tha,
har niwale mein aashirvaad ka saath tha.
Ab hotel, dhaba sab feeke lagne lage hain,

mann har baar
maa ke haathon ke swaad par hi aakar ruk jaata hai.
Ab samajh aaya,

wo insaan ke haath nahi,
bhagwan ke haath the.

Jahan har roti
prem ke vardaana ke saath thi.

Maa ke khane ki bas yahi baat hai,
nahi pata chali thi us roti ki keemat
jab tak hum uske saath the.

Aaj usse door kya aaye,
samajh aaya..
wo insaan ke nahi,
bhagwan ke haath the....



Sahil Mohite

कॉलेज के वे सुन्दरे दिन

कॉलेज के वे सुन्दरे दिन,
नयी उमंगें, नयी तरंग
अब तो मन हुआ पतंग
जीवन के आसमान में मस्त हो उड़ते
जाते हैं। मिल, शिक्षक, कॉलेज का परिसर
(जिस्से) जी हमको अति आते हैं। जीवन में
कुद कर गुजरने का हरदम अहसास दिताते हैं।
मंजिल हो दूर सहि, अपनी लगन से
बढ़ते जाते हैं, मन में दृढ़ निश्चय से अपने
लक्ष्य को पाते हैं।

बीते दिन, महिने साल हम अपने
पाठ्यक्रम (कॉर्स) पुरा कर जाते हैं।
मिलो का अपनापन, चुलबूलाट,
गुदगुदाहट, शिक्षक व ऊनका ज्ञान
(व्हदैतु) गल्लोत कॉलेज की याद
मन की गुदगुदाते हैं।

जब भी वह पल, दिन याद
करेंगे मंद-मंद मुस्काएंगे। कॉलेज के
हो सुनहरे दिन जिवन भर याद आएंगे

Shraddha Verma

हिंदी कविताएं



तेरे साथ....
तेरे साथ हर मौसम
सुहाना लग रहा.....
हर आते तूफान का
सामना सहज लग रहा है.....
मैं किनारा,
तू गहरा समुन्दर लग रहा है....
हर आती लहर
किनारे से गले लग कर कुछ कहानी कह रही है...
न जाने कुछ सफर की तारीफ चल रही है,
बस हमसफ़र यही प्रेमकहानी,
जिंदगी लग रही है.....
तेरे साथ हर मौसम
सुहाना लग रहा.....

लेखिका- दिपिका शशिकांत पवार



उम्मीद....

काले बादल छिड़े जरूर
है आज...
कड़कड़ाते बादल डरा जरूर
रहे है मुझे.,
कुछ पल की ये जो आजमाइश
है उनकी मुझे दबाने की जरूर
पर.,
मैं उसी के बाद की धुप हु.,
खिलखिलाकर चमकूंगी जरूर....

लेखिका- दिपिका शशिकांत पवार



अनसुनी बाते...

ये जो अनसुनी बाते है
कुछ आँखोंसे समझ जाओ ना
कुछ अनकही बाते है
जो पलकों से पूछ के देखो तो
कुछ राज बता देंगी
कुछ खास बता देंगी
कुछ नगमे सुना देंगी
कुछ बाते सुना देंगी
कुछ तुम समझ लेना कुछ मैं समझ जाऊंगी
ये कुछ आखों के सपने कुछ तुम
सजा देना कुछ मैं पुरे कर दूंगी

लेखिका- दिपिका शशिकांत पवार



भराली कवितल



तू आणल मी
आठवण नको तुझी साथ हवी,
तुझ्या प्रेमाची वाट हवी
अबोल तू अस्वस्थ मी,
अक्षर तू शब्द मी,
समोर तू आनंदी मी,
सोबत तू संपूर्ण मी...

Sanket Mahajan



तुझ्या आठवणी
खिडकीपाशी बसतो मी,
तुझ्या आठवणींच्या सावलीत,
तारे चमकतात रालभर,
पण मन शोधतं तुझ्या प्रीत.
सोबतीला चंद्र आज,
पण त्यातही मज सावरत नाही,
तू नसल्यावर रालीही,
स्वप्न माझं बावरत नाही...

Sanket Mahajan



भरठी कविता



तू झेप घे

पंख पसरून तुझे,
तू उंच उड, हव्यांसवे.
मोकळ्या आकाशी बंधनं नाही
तू झेप घे, तू झेप घे.

मनात शंका नसू दे
तुझ्या भीतीला मात दे
कितीही पसरले दात धुके
तू थांबू नकोस तुझी पाऊले
तुझ्यातला प्रकाश तुझ्यातून फुलू दे
वाट तुझी तू स्वतः शोधूनी
झेप घे, तू झेप घे.

कारण जुनी तू झिजली आता,
झुंजली आणि संपली आता,
थकली आणि हरली ती तुझ्याशी
पण जिंकलीस आज तू स्वतःशी

म्हणुन सांग स्वतःला,
तू झेप घे, तू झेप घे!

Vishruti Kadam



का नसावा मोग्याला गर्व
गजरा असतोच प्रेमाचा अर्थ !

मी शृंगार करावा आणि तू आरसा असावा...
माझी लगबग असावी आणि तू पाहत रहावा !

तू माझ्या कडे पाहत असावे ,
मी नजर चोरून लाजत असावे ...
तू जरा कुठे नजर चुकवलीस की ,
तिरक्या नजरेने मी तुझ्या कडे पाहत असावे !

Vaishnavi Lanjaval



भरठी कविता



भक्ती....

कधि वाटतं मिही भक्त पुंडलिक
असती तर.,
वीट देवून मीही आई बाबा
तुम्हाला युगेयुगे हलु दिल नसत..
माझे रखुमाई आणि विठ्ठल
मि माझ्याच सोबत ठेवले असते.,
मिही गावी अल्यावर
मलाही वारी केलीसारख वाटतं...
वाटतं मलाही मी ही
भक्त पुंडलिक असती तर...
काळच्या पडद्या आड जाउन
मी तुम्हाला जपून ठेवल असतं
कधि वाटतं मि ही
भक्त पुंडलिक असती तर.....



लेखिका- दिपीका शशिकांत पवार



रावण

"आहुः सत्यं हि परमं धर्मं धर्मविदो जनाः"

म्हणजेच - ज्यांना धर्म कळतो त्यांच्या मते सत्य हाच खरा धर्म आहे. रामायणातील मुळ शिकवण हिच की माणसाने कायम सत्याचा मार्ग अवलंबित करावा, योग्य तेच करावं, सर्वांगीण हिताचं विचार करूनच निर्णय घ्यावा. याच मार्गावर श्री राम आणि माता सिता यांनी रामराज्य स्थापित केलं, साऱ्या जगाला धर्माची व्याख्या शिकवली. परंतु आज मी सत्याच्या मार्गावर चालणाऱ्या रामाची किंवा सितेची, अगदी रामायणाची गोष्ट सुद्धा नाही सांगणार, मी सांगते असत्य म्हणजेच अधर्म स्वीकारणाऱ्या रावणाविषयी! होय रावणाविषयीच!...आता हाच विचार आला असेल ना की रामायणातला नायक सोडून मला खलनायकाविषयी काय सांगायचंय. सांगते, अस म्हणतात माणसाने नायकाकडून 'काय करावं' हे शिकावं आणि खलनायकाकडून 'काय करू नये' हे शिकावं.

'रावण' क्रूर, संतापी, अहंकारी आणि बलशाली असा सोन्याच्या नगरीचा राजा 'लंकेचा राजा'. सहा शास्त्र आणि चार वेदांचे ज्ञान असलेला 'दशानन'. पण हा दशानन इतका क्रूर झालाच कसा ? आणि का ?

सीतेला मिळवण्यासाठी की रामाला पराजित करण्यासाठी.....नाही! केवळ अमर होण्यासाठी. रावण, ज्यात नायक होण्याची क्षमता होती पण परिस्थितीने त्याला खलनायक बनवलं. केवळ परिस्थितीच नाही तर त्याची वृत्ती सुद्धा कारणीभूत ठरली. तर झालं असं रावण एक "नागा" म्हणून जन्माला आला (जन्मतः व्यंग असलेला) या गोष्टीचा त्याच्या पित्याने ऋषी विश्रवांनी खूप तिरस्कार केला. अंगावरचे व्यंग लपावेत म्हणून अंगी असलेले गुण नाकारले. माणूस साऱ्या जगाची टिका सहन करेल पण आपल्याच माणसांकडून झालेली टिका, तिरस्कार सहन होईल का? शेवटी रावण होता एक माणूसच ना! बालअवस्थेत वडिलांकडून मिळालेली वागणुक कायमची मनावर कोरली गेली आणि पुढे त्याच्या स्वभावात उतरली. त्याचा समज हाच होता की माणसाच्या अंगी कितीही गुण असले तरी एक कमतरता त्याची कमजोरी ठरते. रावणाने स्वतःला बलशाली बनवण्यासाठी अनेक अवगुण स्वीकारले, अधर्म निवडले आणि इथेच तो दुर्बल ठरला. त्याने अनेक पाप केले आणि तेच पाप त्याला त्याच्या अंतापर्यंत घेऊन गेले, प्रभु रामांनी अधर्माचा अंत केला.

माणसाला कधीही त्याच्या गुणांचा अहंकार नसावा, केवळ ते राखून ठेवण्याची ताकद असावी. आपल्यातल्या कमतरतेला कधीही कमजोरी समजु नका. इतर कुणालाही त्याच्या व्यंगावरून हिणवु नका. तुमच्यात किती गुण आहेत याऊपर तुम्ही त्या गुणांचा कसा वापर करता हे जास्त महत्वाचे असते.

प्रणया संजय पाटील

EXPERT OPINION



Pharmacy today stands at a pivotal intersection of science, healthcare, and innovation. No longer confined to traditional roles, the modern pharmacist is an integral contributor to patient-centred care, regulatory science, research, and innovation. Rapid advances in pharmacovigilance, biotechnology, AI, and green chemistry have expanded the professional horizon significantly. Today, pharmacists are increasingly recognized as medication experts, safety guardians, and research professionals, actively contributing to rational drug use and healthcare quality. For aspiring professionals, pharmacy is not merely a career, but a lifelong commitment to learning, service, and scientific excellence.

Dr. Pratibha Daroi

Pharmacy is rapidly evolving with advances in digital health, personalized medicine, and patient-centric care. Pharmacists today play a vital role beyond dispensing, contributing to clinical decision-making, public health, and medication safety. Embracing innovation and lifelong learning will shape the future of pharmacy practice.

Dr. Rupali Likhar



The field of pharmacy plays a crucial role in ensuring the safe and effective use of medications. The incorporation of Artificial Intelligence (AI) is revolutionizing pharmacy education, research, and clinical practices. AI aids in drug discovery, tailoring medicine to individual patients, and making precise clinical decisions. By learning to use AI-driven tools for data analysis and patient care, pharmacy students develop advanced competencies. In summary, AI improves efficiency, fosters innovation, and enhances healthcare results within the pharmacy sector.

Dr. Surekha Salgar

The pharmacy profession remains a cornerstone of modern healthcare, with pharmacists playing a critical role in medication safety and patient care. The field is steadily evolving toward more clinical and patient-centered responsibilities. Advances in technology and AI are enhancing efficiency but not replacing professional judgment. While challenges such as workload and market competition exist, skilled and adaptable pharmacists will continue to be in strong demand.

Dr. Bharti Fegde



EXPERT OPINION



Pharmacy stands at the intersection of science, healthcare and innovation playing a critical role in translating scientific knowledge into effective therapeutic solutions. Its impact extends beyond medicines to patient safety, public health and evidence-based care. As healthcare challenges become more complex, pharmacy continues to evolve through advances in research, technology and personalized treatment approaches. The future of the field is shaped by innovation, global collaboration and an increasing emphasis on quality, safety, and outcomes making pharmacy a cornerstone of modern and sustainable healthcare systems.

Mrs. Poonam Patil

Pharmacy is more than a profession; it is a commitment to improving lives through knowledge, care, and innovation. Every prescription represents a patient who trusts the pharmacist's expertise to ensure safety, effectiveness, and hope. Modern pharmacy practice empowers pharmacists to be leaders in healthcare—educating patients, collaborating with physicians, advancing public health, and shaping the future of medicine. From community practice to hospitals, research, and industry, pharmacists turn science into healing. By choosing pharmacy, you choose a path of lifelong learning, responsibility, and impact—where your skills can save lives, influence healthcare systems, and make a meaningful difference every single day.

Mrs. Sarita Shinkar



Pharmacy is a cornerstone of modern healthcare, serving as the critical link between medical science and patient care. As both a scientific discipline and a clinical profession, pharmacy ensures that medications are developed, evaluated, dispensed, and used safely and effectively to achieve optimal therapeutic outcomes. In addition, pharmacy is central to public health initiatives. Pharmacists contribute to vaccination programs, disease prevention, health education, and chronic disease management, particularly for conditions such as diabetes, hypertension, and asthma. Their accessibility within the community positions them uniquely to improve health outcomes, especially in underserved populations.

Ms. Vijeta Dhabre



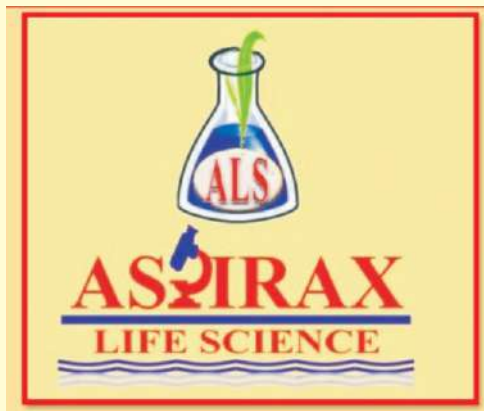
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